

# Trainings Plan JO SC Giswil 2016 / 17

| Oktober |    |           | November |    |           | Dezember |    |                            | Januar |    |                      | Februar |    |                      | März |    |  | April |    |            |
|---------|----|-----------|----------|----|-----------|----------|----|----------------------------|--------|----|----------------------|---------|----|----------------------|------|----|--|-------|----|------------|
| Sa      | 1  |           | Di       | 1  | Feiertag  | Do       | 1  |                            | So     | 1  |                      | Mi      | 1  | Ski Training         | Mi   | 1  | JO Lager Mörl                                    | Sa    | 1  | GPM Finale |
| So      | 2  | Hintertux | Mi       | 2  |           | Fr       | 2  |                            | Mo     | 2  |                      | Do      | 2  | Ski plus             | Do   | 2  | JO Lager Mörl                                    | So    | 2  | GPM Finale |
| Mo      | 3  | Hintertux | Do       | 3  | Inline    | Sa       | 3  |                            | Di     | 3  | Ski Training Mörlalp | Fr      | 3  |                      | Fr   | 3  | JO Lager Mörl                                    | Mo    | 3  |            |
| Di      | 4  | Hintertux | Fr       | 4  |           | So       | 4  |                            | Mi     | 4  | Ski Training Mörlalp | Sa      | 4  | Ski Training Mörlalp | Sa   | 4  | JO Lager Mörl                                    | Di    | 4  |            |
| Mi      | 5  | Hintertux | Sa       | 5  | Biken     | Mo       | 5  |                            | Do     | 5  | Ski Training Mörlalp | So      | 5  |                      | So   | 5  | RAC Mörl   | Mi    | 5  |            |
| Do      | 6  | Hintertux | So       | 6  |           | Di       | 6  |                            | Fr     | 6  | Ski Training Mörlalp | Mo      | 6  |                      | Mo   | 6  |  | Do    | 6  |            |
| Fr      | 7  | Hintertux | Mo       | 7  |           | Mi       | 7  | Saisoneroöffnung Skihaus   | Sa     | 7  | Ski Training Mörlalp | Di      | 7  |                      | Di   | 7  |  | Fr    | 7  |            |
| Sa      | 8  | Hintertux | Di       | 8  | Halle     | Do       | 8  | Ski Training ev. Andermatt | So     | 8  |                      | Mi      | 8  | Ski Training         | Mi   | 8  | Ski Training                                     | Sa    | 8  |            |
| So      | 9  |           | Mi       | 9  |           | Fr       | 9  |                            | Mo     | 9  |                      | Do      | 9  | Ski plus             | Do   | 9  | Ski plus   | So    | 9  |            |
| Mo      | 10 |           | Do       | 10 | Inline    | Sa       | 10 | Ski Training ev. Andermatt | Di     | 10 |                      | Fr      | 10 |                      | Fr   | 10 |  | Mo    | 10 |            |
| Di      | 11 | Halle     | Fr       | 11 |           | So       | 11 |                            | Mi     | 11 | Ski Training         | Sa      | 11 | Ski Training Mörlalp | Sa   | 11 | Club Rennen                                      | Di    | 11 |            |
| Mi      | 12 |           | Sa       | 12 | Biken Ski | Mo       | 12 |                            | Do     | 12 | Ski plus             | So      | 12 | RAC                  | So   | 12 |  | Mi    | 12 |            |
| Do      | 13 | Inline    | So       | 13 |           | Di       | 13 |                            | Fr     | 13 |                      | Mo      | 13 |                      | Mo   | 13 |  | Do    | 13 |            |
| Fr      | 14 |           | Mo       | 14 |           | Mi       | 14 |                            | Sa     | 14 | Ski Training Mörlalp | Di      | 14 |                      | Di   | 14 |  | Fr    | 14 |            |
| Sa      | 15 | Biken     | Di       | 15 | Halle     | Do       | 15 |                            | So     | 15 |                      | Mi      | 15 | Ski Training         | Mi   | 15 | Training Lager Schule Giswil Mörl                | Sa    | 15 |            |
| So      | 16 |           | Mi       | 16 |           | Fr       | 16 |                            | Mo     | 16 |                      | Do      | 16 | Ski plus             | Do   | 16 | Ski plus Lager Schule Giswil Mörl                | So    | 16 |            |
| Mo      | 17 |           | Do       | 17 | Inline    | Sa       | 17 | Ski Training ev. Andermatt | Di     | 17 |                      | Fr      | 17 |                      | Fr   | 17 | Lager Schule Giswil Mörl                         | Mo    | 17 |            |
| Di      | 18 | Halle     | Fr       | 18 |           | So       | 18 |                            | Mi     | 18 | Ski Training         | Sa      | 18 | Ski Training Mörlalp | Sa   | 18 | Skirennen Schule Giswil Lager Schule Giswil Mörl | Di    | 18 |            |
| Mi      | 19 |           | Sa       | 19 | Biken Ski | Mo       | 19 |                            | Do     | 19 | Ski plus             | So      | 19 |                      | So   | 19 | RAC Lager Schule Giswil Mörl                     | Mi    | 19 |            |
| Do      | 20 | Inline    | So       | 20 |           | Di       | 20 |                            | Fr     | 20 |                      | Mo      | 20 | Ski Training Mörlalp | Mo   | 20 |  | Do    | 20 |            |
| Fr      | 21 |           | Mo       | 21 |           | Mi       | 21 | Ski Training Mörlalp       | Sa     | 21 | Ski Training Mörlalp | Di      | 21 | Ski Training Mörlalp | Di   | 21 |  | Fr    | 21 |            |
| Sa      | 22 | Biken     | Di       | 22 | Halle     | Do       | 22 |                            | So     | 22 | RAC                  | Mi      | 22 | Ski Training Mörlalp | Mi   | 22 | Ski Training                                     | Sa    | 22 |            |
| So      | 23 |           | Mi       | 23 |           | Fr       | 23 |                            | Mo     | 23 |                      | Do      | 23 | Schmudo              | Do   | 23 |  | So    | 23 |            |
| Mo      | 24 |           | Do       | 24 | Inline    | Sa       | 24 |                            | Di     | 24 |                      | Fr      | 24 |                      | Fr   | 24 |  | Mo    | 24 |            |
| Di      | 25 | Halle     | Fr       | 25 |           | So       | 25 |                            | Mi     | 25 | Ski Training         | Sa      | 25 | Ski Training Mörlalp | Sa   | 25 | Ski Training                                     | Di    | 25 |            |
| Mi      | 26 |           | Sa       | 26 | Biken Ski | Mo       | 26 |                            | Do     | 26 | Ski plus             | So      | 26 |                      | So   | 26 |  | Mi    | 26 |            |
| Do      | 27 | Inline    | So       | 27 |           | Di       | 27 | Ski Training Mörlalp       | Fr     | 27 |                      | Mo      | 27 | JO Lager Mörl        | Mo   | 27 |  | Do    | 27 |            |
| Fr      | 28 | Kaunertal | Mo       | 28 |           | Mi       | 28 | Ski Training Mörlalp       | Sa     | 28 | Ski Training Mörlalp | Di      | 28 | JO Lager Mörl        | Di   | 28 |  | Fr    | 28 |            |
| Sa      | 29 | Kaunertal | Di       | 29 | Halle     | Do       | 29 | Ski Training Mörlalp       | So     | 29 |                      |         |    |                      | Mi   | 29 |  | Sa    | 29 |            |
| So      | 30 | Kaunertal | Mi       | 30 |           | Fr       | 30 | Ski Training Mörlalp       | Mo     | 30 |                      |         |    |                      | Do   | 30 |  | So    | 30 |            |
| Mo      | 31 | Kaunertal |          |    |           | Sa       | 31 | Ski Training Mörlalp       | Di     | 31 |                      |         |    |                      | Fr   | 31 |  |       |    |            |

Schulferien